

## Wellness Committee Minutes 12/12

Members present: Ryan Dickinson & Sue Lewis

### Complete Local Wellness Policy Checklist

#### Policy Document

- Where is the policy kept?
  - Ryan's desk?
- Update date on policy?
  - This could be done by the board along with approval of annual report

#### Wellness Committee

- Form wellness committee
  - Meetings quarterly
  - Members: Ryan (admin), Sue (food service), Donika (food service), Jamie Bodette (PE Teacher), Students, Katie Bailey (RN), Nikki Jensen (Board), Parent interest (send email)

#### Policy Content

- Specific goals
  - Statements need to be reworded to define goals
- Add section on other school-based activities that promote wellness
- Include info on Smart Snacks guidelines
- Clarify what food and beverages are sold to students during the day
  - Students selling to students (candy bars)
- Policy needs to address classroom/incentive food and beverage usage
- Get "drink water" sticker for pop machine
- Marketing info needs to be listed in policy
  - Under nutrition standards

#### Public Updates

- Collect meeting minutes to be kept on file
- Committee meetings documented in annual report
  - Meeting minutes link provided
- Need to conduct Triennial Assessment and make public

#### Triennial Assessment

- Needs to be done

#### Determine Wellness Committee Members

- Potential members emailed
- Date of meeting set for Jan. 24th from 1pm-3pm
- Bonnie/Danielle emailed regarding sub needs

**Agenda set for Jan 24th Meeting**

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