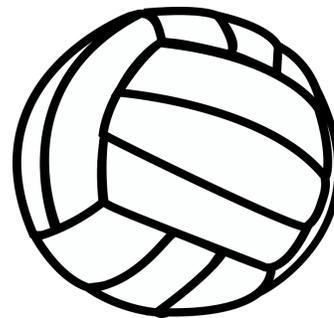


Hello Families!



The 2018 Volleyball season is fast approaching! Your child will learn the basics of passing, setting, hitting and serving in practices and be able to utilize the skills developed in games throughout the season. Volleyball at North Star Academy can be a fun and challenging experience for your child to participate in, while further developing their volleyball skills. It is also a great opportunity for players to develop their teamwork skills, take pride in themselves, their team, and their school.

We are again anticipating a high interest in the volleyball team based on our numbers from last year and the increased enrollment, so again we are only offering positions for **7<sup>th</sup> and 8<sup>th</sup>** grade players. We want to ensure all team members receive enough playing time. If necessary each grade will have two teams that will split games to ensure that there is enough playing time for everyone.

**Practice Days/Times:**

It is expected that students who participate will attend regular practices and games. If a student has to miss a practice or game **a note, email or conversation must happen before the absence is excused**. Practices will be held every Monday, Tuesday, and Thursday afternoon in the gym from 4:15-5:45. Our first practice will be held Tuesday, September 4<sup>th</sup>. Parents will need to pick up students no later than 6:00 in front of the bus doors. Our games will start in September and go through October. A game schedule will be provided once our season starts. We will provide transportation to away games, with the exception of a few local games which will require students to be picked up from the game location. These games will be indicated on the season schedule.

Each athlete will need a sports physical and an Athletic Waiver Form to participate. Forms can be found online at [www.duluthedison.org](http://www.duluthedison.org) under the **Extra Curricular** tab and **JA Sports**. These forms will also be available in the Junior Academy office. Students must have all paperwork complete and turned in before they can participate in games.

**Attire:**

Players will be responsible for their own knee pads, should they choose to wear them. Uniform shirts will be provided for the team and will need to be returned at the end of the season. Students will need to provide either navy or black shorts and we would prefer that students wear shorts rather than spandex at this age level. **Students will not be able to practice or play if they are not wearing appropriate footwear. Flip Flops, Crocs, and sandals are not allowed.**

**Grade/Behavior Expectations:**

Volleyball is an extracurricular activity, so students are expected to keep their grades up. If a student has **any** failing grades, she will not be allowed to participate until the grade is improved.

If a student has three D's, she will not be allowed to play until at least one is improved. We will do grade checks the day before every game i.e. grade check on a Monday for a Tuesday game. Minor and Major referrals will be taken into consideration, and may affect playing time. This will be worked out on a situational basis between the coaches and the Dean of Students.

**Cost:**

Fees for each player will be \$140 to cover transportation, volleyball referee and uniform costs. If a family receives reduced lunch, the cost is \$25. For families that receive free lunch, the cost is free. Failure to return the uniform at the end of the season will be a \$50 fee that will be billed to you.

Thank you in advance for your commitment to making this season a success. Should you have any questions or concerns, please feel free to contact us.

Sincerely,

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